

RINGWOOD STATE PARK

-COOPER UNION (YELLOW) TRAIL-

Trail Name: Cooper Union Trail *

Blaze Color: Yellow

Start Point: Ringwood Manor Section, Parking Lot B

Distance: ~ 5 miles

Trail Type: Lollypop loop

Trail Uses: Largely multi-use, partially hiking only

Difficulty: Easy/ Moderate- Minimal elevation change, few steady climbs, and some rocky terrain

Estimated Time: 3 hours, 30 minutes

* While the majority of the hike is along the yellow trail, a short portion near the start/end point is along the Ringwood/Ramapo (red) and Crossover (white) trails.

The trails in Ringwood State Park are maintained by the New York-New Jersey Trail Conference. The NYNJTC publishes topographical maps that are an excellent navigation aid for hikers. Maps are available at many sporting goods stores, or in their online store at: www.nynjtc.org.

This is a longer, but relatively moderate, hike that will take you to a scenic view of the Wanaque Reservoir from Governor Mountain.

From Parking Lot B, follow the road to the left, and you will soon see the trailhead for the red and white trails on your right. This will be the starting point for the hike. Cross the two footbridges over Ringwood Brook. The trail bears to the right and heads up a short slope before coming to Sloatsburg Rd. Cross the road and head slightly to the right, where red/white trail markers will point you uphill and into the woods.

Shortly, the trail will split. The red trail will continue uphill, and slightly to the left, while the white-marked Crossover Trail will make a right. Both will take you to the yellow trail which will comprise the majority of the hike. The red involves slightly more climbing, taking a higher road than the white. This guide will lead you up the red to the yellow, taking the white trail on the return trip.

Proceed uphill on the red-marked Ringwood/Ramapo Trail, and under a partially fallen tree. The incline will increase slightly and become somewhat steep for a short distance before you reach the top of the ridge. At the top of the hill, you will see the trail split to the left and the right. Look down the hill and you will see an old shelter.

The shelter is located farther down the red trail, which continues to the left. You will also see yellow markers to the left, but these lead only to a short section of trail that ends farther north on Sloatsburg Rd.

You will follow the yellow-marked Cooper Union trail to the right, and will continue on yellow until you near this area again at the end of your trip. After a few easy ups and downs, you will emerge from the woods to

